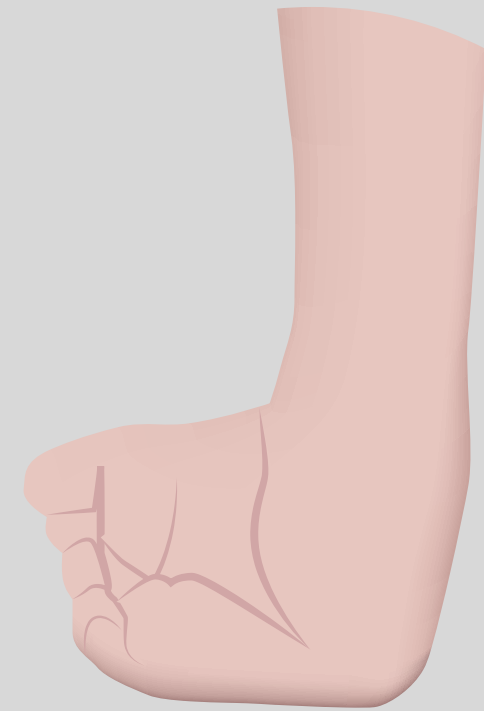
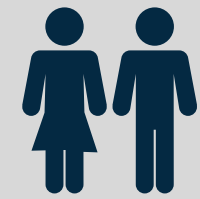


Treating Clubfeet in Nepalese Children Between the Ages of One and Five

Evaluation of the Ponseti method initiated in children with untreated idiopathic clubfoot after walking age



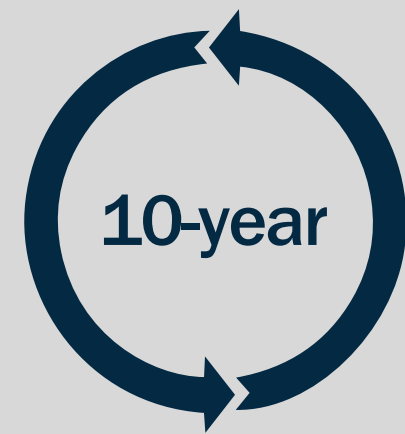
Children with untreated idiopathic clubfoot



n = 220
age = 1 to 5 years

Ponseti method

Minimum



10-year follow-up



66% patients



75 had bilateral clubfoot

Patient reported outcomes were favorable...



95% achieved plantigrade foot



11° average passive dorsiflexion



33% had residual deformities



3% experienced complete relapse



85% needed to modify their squatting



86% were completely satisfied



Untreated idiopathic clubfoot in children aged 1 to 5 can be effectively treated using the Ponseti method

Outcomes of the Ponseti Method for Untreated Clubfeet in Nepalese Patients Seen Between the Ages of One and Five Years and Followed for at Least 10 Years

Banskota et al. (2018) DOI: 10.2106/JBJS.18.00445

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